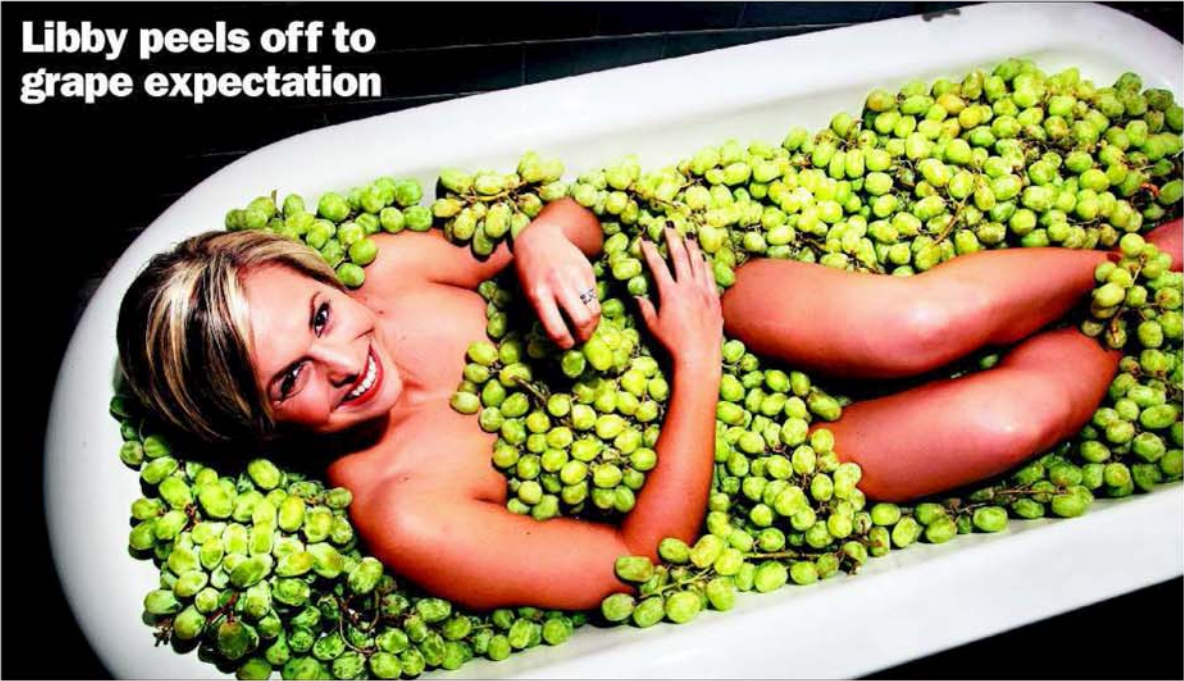




Libby peels off to grape expectation



OLYMPIC medallist Libby Trickett dived into a tub of top quality grapes yesterday to promote the fruit as a great snack food. "I've always been careful about what I eat because as a professional swimmer, we ask a lot of our bodies," she said in support of the Australian Table Grape Association's Munch-A-Bunch-A-Grapes campaign. "Grapes are like nature's super food for me because they have so much going for them. They're a great snack." On average, Australians eat 3kg of grapes a year.

Picture: Phil Hillyard