



Win a luxury grape escape

GOLDEN girl Libby Trickett knows the importance of nutritious snacks like fresh Australian grapes – and now is the time to munch a bunch, with grapes in season until May.

“Grapes are like nature’s superfood for me,” Trickett said. “As well as being juicy and delicious they are the perfect snack because they’re jam-packed with nutrients.”

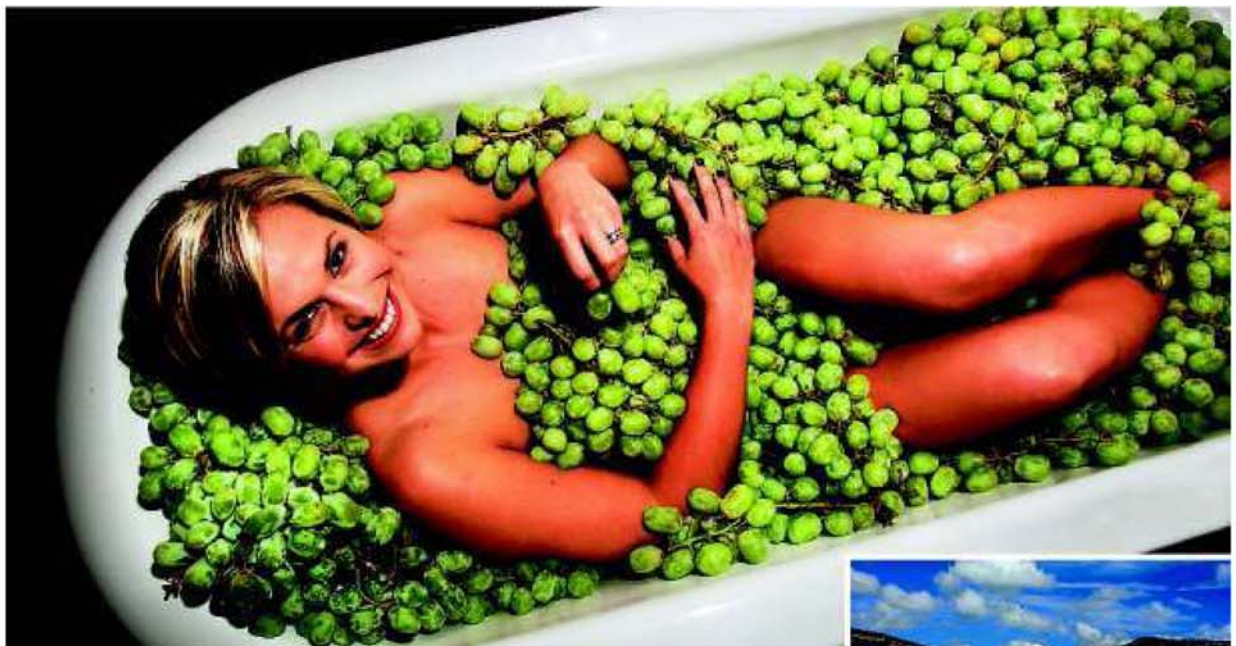
To celebrate the Australian table grape season, the *Wentworth Courier* is giving readers the chance to win

one of 10 weekend Grape Escapes to the Golden Door – Elysia, valued at \$1000 each.

The package includes two nights’ accommodation in a luxurious one-bedroom villa and gourmet breakfast each morning. There’s a fitness centre, indoor and outdoor pools, private sun gardens, tennis and golf. Your Grape Escape can be whatever you want it to be.

To enter, go to wentworthcourier.com.au and click on the competition link. Alternatively, on the back of an envelope, put your name, address, contact number, email address and in 25 words or less why this would be the perfect escape for you.

Send it to Grape Escapes Giveaway, GPO Box 6062, Parramatta Business Centre 2150. Entries close on November 20. Winners will be notified by phone. Authorised under permit number LTPM 08/00309.



Grape lover and Olympic swimmer Libby Trickett. (Right) The luxurious Golden Door – Elysia.

Photo: PHIL HILLYARD

